

Leadership Development in partnership with



Optimise

About this programme

The programme deepens your leadership development, working together with a group of leaders drawn from a variety of sectors.

Develop your confidence as a more strategic leader, great for preparing for a more senior role.

You will learn from each others experiences and insights, developing a strong network of peers.

What you gain



Build confidence in yourself as a strategic leader



Prepare for more **senior roles**



Build a network of like-minded leaders

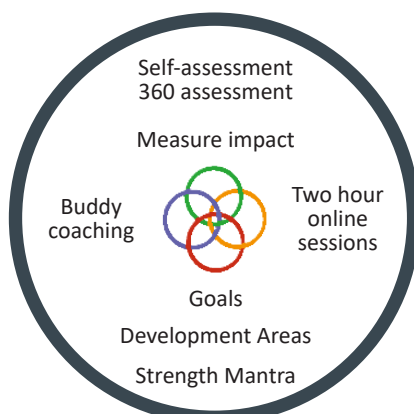


Develop your skills as a **coach and mentor**



Learn to use the Resilient Leaders Elements™ as a language to **articulate your strengths and development areas**

Course content



Your commitment

- Participation in ten 2-hour online sessions over six months with a group of 8-12 people
- Completion of work between sessions using the online Resilient Leaders Development Programme (RLDP™)
- Engaging in buddy conversations

Course structure

	Month 1 (one session)	Month 2 (two sessions)	Month 3 (two sessions)	Month 4 (two sessions)	Month 5 (two sessions)	Month 6 (one session)
	Introduction	Clarity of Direction	Awareness	Leadership Presence	Resilient Decision-making	Impact Review
Session content	Introduction to the RLE™ Buddy Coaching	RLA® discussion Leadership Mantra COD exploration through experiential exercises Strategic tools	RLDP™ discussion Awareness exploration through experiential exercises Personality tools	RLDP™ discussion LP exploration through experiential exercises Values tools	RLDP™ discussion RDM exploration through experiential exercises Decision Making tools	Impact analytics PIS discussion Individual Commitments
Individual learning	Complete RLA® and set up Feedback Work with buddy to clarify goal	Engage with RLDP™ Support and challenge buddy	Engage with RLDP™ Support and challenge buddy	Engage with RLDP™ Support and challenge buddy	Reassess RLA® Work with buddy to complete PIS	Continue RLDP™

RLE™ - Resilient Leaders Elements

RLDP™ - Resilient Leader Development Programme

RLA™ - Resilient Leaders Assessment



The
Consultation
Institute

If you are interested in finding out more about this, or any other Leadership Programme, please get in touch with our Account Management team.

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